

# Planting Seeds for Success

**Region III Foster /Adoptive Parent Training Seminar**

*October 5, 2013*

*Holiday Inn, 411 Electronics Parkway, Liverpool, New York 13088*



*sponsored by*

**New York State Office of Children and Family Services  
Bureau of Training**

*through a training and administrative services agreement with  
Research Foundation for SUNY / Buffalo State  
Center for Development of Human Services*

**New York State Child Welfare Training Institute Foster/Adoptive Parent Training Project**

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Buffalo State  
Center for Development of Human Services  
New York State Child Welfare  
Training Institute  
Foster/Adoptive Parent Training Projects

## Agenda

8:30 a.m. – 9:00 a.m.	Registration
9:00 a.m. – 9:15 a.m.	Welcome
9:15 a.m. – 11:00 a.m.	Session I
11:00 a.m. – 11:15 a.m.	Break
11:15 a.m. – 1:00 p.m.	Session II
1:00 p.m.	Luncheon

Seminar Coordinator:  
Sarah Tooley



## Workshops

Except for workshops #7 and #8, all workshops are offered during both sessions.

### 1. A Parent's Perspective on Living with Attachment Issues

This workshop will focus on the challenges that children, in foster care, bring to the foster home when their attachment has been interrupted. Attachment occurs on a continuum—from secure to disorganized—and parental interaction influences attachment styles. We will look at those attachment styles and determine how breaking the trust cycle impacts the development of attachment styles. After examining why attachment needs arise, we will identify how foster parents can aid a child's healing process. Get firsthand parenting tips from someone who has walked in your shoes.

***Linda Finerson, Mother, Parent Advocate, Parent Support Group Facilitator, Foster/Adoptive Parent, and Board of Directors Member for NYSCCC***

### 2. Foster Fathering

Foster fathers can play a key role in the lives of children in care. This workshop will explore how the fathers can use their relationships with children and youth to bring about lasting change in behaviors. Research on fatherhood will be offered, but the focus will be on specific behaviors to develop positive working relationships with the child and the child's family.

***Jere Wrightsman, Former MAPP Team Coordinator/Trainer***

Research Foundation for SUNY  
Buffalo State

Center for Development  
of Human Services

### 3. The Unique Challenges Faced by Relative Caregivers

This workshop will speak to the unique needs of relative caregivers and the challenges they confront. We will identify, discuss, and strategize around the changes in their family life, roles, and responsibilities using the “Our Life Changes” handout from the Caring For Our Own program. We will also discuss “Transitional Issues” for them, as relative caregivers. Lastly, we will identify strategies to address the transitional issues while maintaining the focus on keeping children safe, working towards permanency, and meeting their needs.

#### ***Pura Gonzalez, Senior Trainer***

Research Foundation for SUNY  
Buffalo State  
Center for Development  
of Human Services

### 4. No More Drama: Positive Communication Skills for Parents of Teens

Based on the bestselling book, *How to Talk So Teens Will Listen and Listen So Teens Will Talk* by Adele Faber and Elaine Mazlish, this workshop will demonstrate how foster and adoptive parents can make small but powerful changes in the way they communicate in order to enjoy a mutually respectful relationship with teenage children. Participants will learn how to listen and respond helpfully to teens, express their own anger or irritation honestly but not hurtfully, and take advantage of small opportunities to constructively talk to teens about drugs or sex.

#### ***Helen Shin, Master Trainer***

Research Foundation for SUNY  
Buffalo State  
Center for Development  
of Human Services

### 5. Making Sense of a Youth Coming Out as LGBT/Q While Maintaining Your Sanity and Sense of Humor

As foster/adoptive parents, you face some challenges never encountered before—and for which your own parents could not have prepared you. You can certainly draw on other knowledge and experience, while adding new information to handle just about anything. In this workshop, you will see how helping a youth come out as LGBT/Q is a situation you can master. Maintain your perspective and sense of humor while you navigate these formerly uncharted waters.

#### ***Fred Elia, President and Founder***

A Thousand Moms: Building Community Support for LGBT/Q Youth in Foster/Adoptive Care

## 6. Fear and Control

This workshop introduces foster parents to the dynamics of fear and control and how they become barriers to partnering with the child's family and the agency. Participants will explore their own fears, as well as the fears of the child in care and the child's family. Strategies to address these issues will be identified.

### *Diana Shultz, Master Trainer*

Research Foundation for SUNY  
Buffalo State  
Center for Development  
of Human Services

## 7. Understanding Child Sexual Abuse Part I

## 8. Understanding Child Sexual Abuse Part II

Child sexual abuse is one of the most challenging issues facing child welfare in New York State and throughout America. It has devastating short- and long-term effects on children exposed to sexual abuse. This two-part workshop will provide an overview of the following topics: expected sexual development, what child sexual abuse is, the short- and long-term effects of sexual abuse, and strategies to help the children affected by sexual abuse. The workshop format will include discussion, use of a video, and small-group activities.

◆ **Please note: participants must attend both Part I and Part II of this workshop. When registering, please enter # 7. Understanding Child Sexual Abuse Part I for Session I and enter # 8. Understanding Child Sexual Abuse Part II for Session II as your registration selections.**

### *Heather Dominguez Master Trainer*

Research Foundation for SUNY  
Buffalo State  
Center for Development  
of Human Services



# Application Codes

## *Job Type Codes*

1. Administrator
2. Supervisor/Manager
3. Clerical/Support Staff
4. Consultant
5. Caseworker/Case Mgr/  
Social Work
6. Direct Child Care Worker
7. Eligibility Worker
8. Foster/Adoptive Parent
9. Investigator
10. Volunteer Worker
11. Health Care Worker
12. Teacher Vocational Specialist
13. Professional (Policy, Prog Dev)
14. Recreation Specialist

## *Functional Area Codes*

1. Administrative
2. DJJOY
3. Adoption
4. Child Protective Services
5. Day Care
6. Domestic Violence Prev
7. Foster Care
8. Residential Child Care
9. Blind & Visually Handicap
10. Prev/Family Support Srvc
11. Indian Affairs Services
12. Adult Services
13. Services/Other
14. Legal Affairs/Counsel
15. Energy Programs
16. Food Stamps
17. Temporary Assistance
18. Child Support Enforce
19. Disability Determinations
20. Transitional Services
21. Homeless Services
22. Fraud & Abuse
23. Medicaid Skills
24. Medicaid Eligibility
25. Managed Care
26. Dept of Health/Other
27. Welfare to Work
28. Dept of Labor/Other
29. F-30 Non Admin/Local

# Registration Form

## Planting Seeds for Success

Region III Foster/Adoptive Parent Training Seminar  
Holiday Inn, 411 Electronics Parkway, Liverpool, New York 13088

**October 5, 2013**

Registration: 8:30 - 9:00 a.m.

Application Deadline: **August 30, 2013**

**Special Note to Applicant:** *This form can be used for either agency staff or attending foster/adoptive parents and can be duplicated. A separate form for each attendee must be submitted to your agency's designated contact person by the deadline date shown. All participants must pre-register. If you need to register after the registration deadline date, please contact Registration Services at 716-876-7600 ext. 500 for further instructions. Print clearly and be sure to complete in full:*

Please indicate: Agency Staff  Foster/Adoptive Parent  Presenter  Conference Helper/Monitor

Name (first and last name): \_\_\_\_\_ Gender: M  F

Position/Title: \_\_\_\_\_

Enter all codes (refer to code listings on opposite page): Job Type Code: \_\_\_\_\_ Functional Area Code: \_\_\_\_\_

Trainee E-mail Address: \_\_\_\_\_

Agency Affiliation: \_\_\_\_\_

Agency Address (Street Number, Name, and Suite #): \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Agency Phone Number (including area code): \_\_\_\_\_ Agency Fax Number (including area code): \_\_\_\_\_

Agency Contact Person: \_\_\_\_\_ Agency Contact Person Title: \_\_\_\_\_

Agency Contact Person E-mail Address: \_\_\_\_\_

Staying for Lunch: YES  NO  Vegetarian   
Dietary Restrictions \_\_\_\_\_

Please write the identification number of the workshops you would like to attend in Session I and Session II. Be sure to make first and second choices for each time slot. Except for workshops # 7 and # 8, all workshops are offered during both sessions.

**Session I First Choice #** \_\_\_\_\_ **Session I Second Choice #** \_\_\_\_\_

**Session II First Choice #** \_\_\_\_\_ **Session II Second Choice #** \_\_\_\_\_

Workshops (Session I 9:15 a.m. – 11:00 a.m. Session II 11:15 a.m. – 1:00 p.m.)

1. *A Parent's Perspective on Living with Attachment Issues*
2. *Foster Fathering*
3. *The Unique Challenges Faced by Relative Caregivers*
4. *No More Drama: Positive Communication Skills for Parents of Teens*
5. *Making Sense of a Youth Coming Out as LGBT/Q While Maintaining Your Sanity and Sense of Humor*
6. *Fear and Control*
7. *Understanding Child Sexual Abuse Part I*  
(\*If selected, must register for part II)
8. *Understanding Child Sexual Abuse Part II*

**Special Note to Foster Parents:** You can register online for the seminar at  
<http://stars.bsc-cdhs.org/FosterParentSeminarRegistration>

**Special Note to Agency Staff:** Return this form to your agency representative.

**Special Note to Agency Contact Person:** Local districts and voluntary agencies are encouraged to register through STARS. If that is not possible, we recommend faxing the registration form to 716-796-2202.

*For program information, contact:*

Sarah Tooley  
SarahT@bsc-cdhs.org  
(585) 506-2503

Research Foundation for SUNY / Buffalo State  
Center for Development of Human Services  
Registration Services  
1695 Elmwood Avenue  
Buffalo, NY 14207-2407

*For registration information, contact:*

RF/CDHS Registration Services  
Tel: (716) 876-7600 ext. 500 Fax: (716) 796-2202  
registrationservices@bsc-cdhs.org

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